



2023 NMSAAP MASTERS ATHLETICS MEET

City of Ilagan | March 21, 2023



National Masters and Seniors Athletics Association of the Philippines



Game Results

101	10000 m		M75	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	113	BALABA, BRIGILIO	M75	1:02.24.7		GOLD
101	10000 m		M70	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	112	IGAY, SOFRONIO	M70	55:49.0		GOLD
101	10000 m		M60	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	105	ADVINCULA, DEMETRIO	M60	50:55.9		GOLD
2	119	RAMOS, ESMERALDO	M60	50:56.2		SILVER
3	108	BIRSE, DAVID	M60	51:29.0		BRONZE
4	107	ALEJANDRO, ROLANDO	M60	56:48.7		
101	10000 m		M55	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	98	SUGALAN, EFREN	M55	45:51.7		GOLD
2	101	ABAY-ABAY, REY IGNATIUS	M55	49:03.4		SILVER
3	130	CARIG, MELCHOR	M55	50:15.2		BRONZE
101	10000 m		M50	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	129	INFANTE, REY	M50	48:55.3		GOLD
2	97	GAPIDO, MICHAEL	M50	51:00.1		SILVER
3	96	SALES, JOHNBEE	M50	1:01.45.3		BRONZE
101	10000 m		M45	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	94	FORTES, EDDIE	M45	39:13.1		GOLD
2	93	FABROS, NOEL	M45	42:23.0		SILVER
101	10000 m		M40	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	123	SABAL, ELMER	M40	39.33.8		GOLD
2	85	MILANES, ROMEO	M40	45.34.8		SILVER
3	82	VALCOS, ANTHONY	M40	55.49.0		BRONZE
4	81	MANCILLA, DENNIS	M40	1:01.45.3		
101	10000 m		M35	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	77	BOLIVAR, ALQUIN	M35	35.18.7		GOLD
2	74	CAROLINO, JOBERT	M35	37.05.2		SILVER
3	70	CUSIPAG, REYNEL	M35	39.23.3		BRONZE
4	121	TANGID, NOEL	M35	42.35.7		

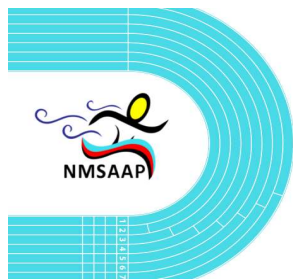
101	10000 m		M30	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	62	LAIDO, GILBERT	M30	34.55.4		GOLD
2	51	NERZA, SGT ANTHONY S	M30	35.11.3		SILVER
3	118	HULLEZA, ROWELL	M30	37.15.6		BRONZE
4	131	GACO, CHRISTOPHER	M30	37.40.8		
5	67	SAMBALOD, JOWIL	M30	42.35.7		
102	Shot Put		M45	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	127	PAGULAYAN, CHRISTOPHER	M45	7.58 m		GOLD
2	128	BAGANO, DANNY	M45	5.36 m		SILVER
102	Shot Put		M40	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	80	FERRERA, SSG ARNIEL B	M40	10.75 m		
2	136	PAGUIRIGAN, MATT RONALD	M40	10.03 m		
102	Shot Put		M35	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	73	PADILLA, ARNOLD	M35	10.64 m		GOLD
2	76	GUMABAY, JOSE	M35	10.03 m		SILVER
3	78	CARANZO, PETER EDMON	M35	9.94 m		BRONZE
102	Shot Put		M30	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	58	CAPINPIN, JOSEPH BERNARD	M30	11.26 m		GOLD
2	63	TRAZONA, SMAEL	M30	9.28 m		SILVER
3	66	DE GUZMAN, RODOLFO JR	M30	9.17 m		BRONZE
103	Javelin (500 g)		F50	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	21	CLARAVALL, DROLLY P	F50	18.01 m		GOLD
103	Javelin (600 g)		F40	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	17	VILLARITO, ROSIE	F40	30.96 m		GOLD
103	Javelin (600 g)		F35	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	13	GAMMAG, MARICRIS	F35	27.07 m		GOLD
2	11	BANTOLINO, MARICEL	F35	17.29 m		SILVER
103	Javelin (600 g)		F30	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	1	FERRERA, AW1C KENNETH GRACE B	F30	29.36 m		GOLD
104	High Jump		M55	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	103	AQUINO, MARIO	M55	1.10 m		GOLD
104	High Jump		M45	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	89	GUEVARRA, SGT SEAN P	M45	1.65 m		GOLD

104	High Jump		M35	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	73	PADILLA, ARNOLD	M35	1.20 m		GOLD
104	High Jump		M30	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	53	CAPISPISAN, A1C RAYCRIS P	M30	1.62 m		GOLD
2	115	SAJUELA, CRESOL	M30	1.53 m		SILVER
3	68	ALFONSO, ZOREN	M30	1.00 m		BRONZE
105	Long Jump		M65	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	111	LOBOS, ARNEL	M65	4.42 m	-0.10	GOLD
105	Long Jump		M60	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	106	UCAB, JAIME, SR.	M60	4.04 m	-1.38	GOLD
2	109	BALCITA, GUILLERMO WILLIAM JR.	M60	3.19 m	-1.10	SILVER
3	108	BIRSE, DAVID	M60	1.59	1.5	BRONZE
105	Long Jump		M55	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	102	AGUSTIN, BRANDY	M55	4.19 m	0.00	GOLD
2	103	AQUINO, MARIO	M55	3.30 m	1.00	SILVER
106	4 x 100 m Mixed Relay		MIXED 40	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	26	TORRES, MARESTELA	F40	53.8		GOLD
2	126	MIRASOL, LEOMAR	M40			
3	125	DIQUE, MIDEL	M40			
4	15	RONQUILLO, MARY GRACE	F40			
106	4 x 100 m Mixed Relay		MIXED 35	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	19	GAMMAD, MARICAR	F45	1.02.7		GOLD
2	102	AGUSTIN, BRANDY	M55			
3	18	DYCHITAN, LIRIO	F45			
4	70	CUSIPAG, REYNEL	M35			
106	4 x 100 m Mixed Relay		MIXED 30	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	5	ALBINIO, JOY	F30	54.5		GOLD
2	117	PARDILLO, RACEL	M30			
3	24	NERZA, JANICE	F30			
4	64	VERGARA, RHYEAN IAN	M30			
5	2	DALIDA, FERLYN	F30	55.9		SILVER
6	60	FLORES, NORMAN	M30			
7	3	UDAUNDO, JAHNZEL	F30			
8	61	ANTONIO, EDUARD	M30			
107	5000 m		F60	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	23	VEJANO, LORNA	F60	37.02.9		GOLD

107	5000 m		F45	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	18	DYCHITAN, LIRIO	F45	27.27.4		GOLD
2	20	RELIZAN, MICHELLE	F45	34.15.1		SILVER
107	5000 m		F40	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	16	VILLARMA, JHO-AN	F40	23.33.1		GOLD
2	14	MANCILLA, MARYJOY	F40	29.39.2		SILVER
107	5000 m		F35	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	9	DOÑOS, SGT FLORDELIZA C	F35	21.10.7		GOLD
2	6	ABAD, SGT MIRASOL C	F35	23.10.2		SILVER
3	12	DY, CHEYENE	F35	28.36.8		BRONZE
4	10	RENIEDO, MA. ANTONETTE	F35	DNS		
107	5000 m		F30	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	24	NERZA, JANICE	F30	26.34.5		GOLD
2	4	DARIO, LIGAYA	F30	29.59.4		SILVER
108	Javelin (600 g)		M60	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	104	LOI, RICCARDO	M60	35.00 m		GOLD
108	Javelin (700 g)		M55	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	102	AGUSTIN, BRANDY	M55	NR		
108	Javelin (700 g)		M50	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	135	FRESNIDO, DANILO	M50	52.07 m		GOLD
2	132	NICASIO, NORMAN T.	M50	DNS		
109	High Jump		F40	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	15	RONQUILLO, MARY GRACE	F40	1.10 m		GOLD
110	Shot Put		F50	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	21	CLARAVALL, DROLLY P	F50	8.36 m		GOLD
110	Shot Put		F40	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	17	VILLARITO, ROSIE	F40	8.28 m		GOLD
110	Shot Put		F35	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	13	GAMMAG, MARICRIS	F35	7.94 m		GOLD
2	11	BANTOLINO, MARICEL	F35	5.86 m		SILVER
110	Shot Put		F30	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	1	FERRERA, AW1C KENNETH GRACE B	F30	8.65 m		GOLD

111	Long Jump		M45	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	92	PELAEZ, MICHAEL	M45	4.69 m	-1.40	GOLD
2	91	CAMUNGAO, JOSEPH	M45	4.15 m	-1.18	SILVER
111	Long Jump		M40	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	84	SORE, HERNANIE	M40	5.50 m	-0.30	GOLD
2	83	NICOLAS, MOISES	M40	4.70 m	-0.90	SILVER
3	86	BANATAO, AARON JAYXEN	M40	4.03 m	-0.40	BRONZE
111	Long Jump		M35	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	71	OPIANA, ARIEL	M35	5.03 m		GOLD
2	78	CARANZO, PETER EDMON	M35	4.29 m		SILVER
111	Long Jump		M30	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	59	GALOSO, JERSON	M30	5.94 m	-0.10	GOLD
2	58	CAPINPIN, JOSEPH BERNARD	M30	5.73 m	-1.20	SILVER
3	64	VERGARA, RHYEAN IAN	M30	5.57 m	-1.00	BRONZE
4	60	FLORES, NORMAN	M30	5.51 m	0.10	
5	55	DELOS SANTOS, A1C MARK IAN M	M30	5.44 m	-1.60	
6	65	ACIDO, REYSON	M30	4.99 m	-1.40	
112	100 m		M70	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	112	IGAY, SOFRONIO	M70	21.8	0.20	GOLD
112	100 m		M65	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	111	LOBOS, ARNEL	M65	14.9	0.20	GOLD
112	100 m		M60	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	106	UCAB, JAIME, SR.	M60	15.3	0.30	GOLD
2	109	BALCITA, GUILLERMO WILLIAM JR.	M60	15.4		SILVER
3	105	ADVINCULA, DEMETRIO	M60	15.6		BRONZE
4	108	BIRSE, DAVID	M60	17.2		
		#N/A	#N/A			
112	100 m		M55	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	102	AGUSTIN, BRANDY	M55	14.5	0.30	GOLD
2	133	MONTEREAL JR., ANTONIO R.	M55	18.5		SILVER
112	100 m		M45	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	92	PELAEZ, MICHAEL	M45	12.9	-0.70	GOLD
2	93	FABROS, NOEL	M45	14.4		SILVER
3	91	CAMUNGAO, JOSEPH	M45	14.9		BRONZE

112	100 m		M40	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	84	SORE, HERNANIE	M40	12.3	0.10	GOLD
2	87	URAYENZA, BRYAN	M40	12.4		SILVER
3	86	BANATAO, AARON JAYXEN	M40	12.4		BRONZE
4	125	DIQUE, MIDEL	M40	12.6		
5	126	MIRASOL, LEOMAR	M40	12.0		
6	83	NICOLAS, MOISES	M40	14.3		
112	100 m		M35	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	120	DINO, ARMAN	M35	11.8	0.30	GOLD
2	75	LIM, FERDINAND	M35	12.1		SILVER
3	72	AFRICA, ARIS	M35	12.4		BRONZE
4	78	CARANZO, PETER EDMON	M35	12.9		
5	79	LAÑO, MARVIN	M35	13.3		
112	100 m		M30	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	58	CAPINPIN, JOSEPH BERNARD	M30	11.8	-0.40	GOLD
2	117	PARDILLO, RACEL	M30	11.9		SILVER
3	56	DEL PRADO, A1C ISIDRO G	M30	12.0		BRONZE
4	65	ACIDO, REYSON	M30	12.9		
5	61	ANTONIO, EDUARD	M30	13.0		
6	114	TATAD, ARCANGEL B	M30	13.4		
7	68	ALFONSO, ZOREN	M30	16.5		
8	115	SAJUELA, CRESOL	M30	DQ		
113	Javelin		M45	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	88	FRESNIDO, TSG ROBERTO G	M45	44.07 m		GOLD
113	Javelin		M40	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	136	PAGUIRIGAN, MATT RONALD	M40	15.93 m		GOLD
113	Javelin		M30	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	66	DE GUZMAN, RODOLFO JR	M30	45.04 m		GOLD
2	64	VERGARA, RHYEAN IAN	M30	41.31 m		SILVER
3	68	ALFONSO, ZOREN	M30	22.14 m		BRONZE
114	100 m		F60	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	23	VEJANO, LORNA	F60	18.6	0.50	GOLD
114	100 m		F55	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	22	LOBOS, PERLA	F55	16.7	0.50	GOLD
114	100 m		F45	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	25	ZINAMPAN, BRENDA	F45	14.2	0.50	GOLD
2	19	GAMMAD, MARICAR	F45	15.6		SILVER
114	100 m		F40	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	26	TORRES, MARESTELA	F40	13.7	0.50	GOLD



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Games Results

117	Discus		F50	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	21	CLARAVALL, DROLLY P	F50	20.98 m		GOLD
117	Discus		F40	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	17	VILLARITO, ROSIE	F40	24.57 m		GOLD
117	Discus		F35	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	13	GAMMAG, MARICRIS	F35	23.53 m		GOLD
	11	BANTOLINO, MARICEL	F35	17.27 m		SILVER
117	Discus		F30	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	1	FERRERA, AW1C KENNETH GRACE B	F30	33.10 m		GOLD
2	3	UDAUNDO, JAHNZEL	F30	25.37 m		SILVER
118	Long Jump		F45	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	25	ZINAMPAN, BRENDA	F45	3.79 m	+0.60	GOLD
2	19	GAMMAD, MARICAR	F45	3.53 m	+0.20	SILVER
3	20	RELIZAN, MICHELLE	F45	2.22 m	+0.00	BRONZE
118	Long Jump		F40	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	26	TORRES, MARESTELA	F40	5.25 m	+0.00	GOLD
2	15	RONQUILLO, MARY GRACE	F40	DNS		
118	Long Jump		F35	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	8	SALCEDO, SGT CORAZON E	F35	2.64 m	+0.00	GOLD
118	Long Jump		F30	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	5	ALBINIO, JOY	F30	4.34 m	+0.10	GOLD
2	2	DALIDA, FERLYN	F30	3.15 m	-1.30	SILVER
119	Shot Put		M65	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	110	VILLA, JUAN	M65	9.65 m		GOLD
119	Shot Put		M50	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	95	MAS,, A1C NIXON H	M50	12.70 m		GOLD

120	4 X 100 m			F35	FINAL	
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	21	CLARAVALL, DROLLY P	F50	1:10.6		GOLD
	12	DY, CHEYENE	F35			
	18	DYCHITAN, LIRIO	F45			
	19	GAMMAD, MARICAR	F45			
120	4 X 100 m			F30	FINAL	
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	27	BALARES, JANICEL	F30	01:04.8		GOLD
	2	DALIDA, FERLYN	F30			
	4	DARIO, LIGAYA	F30			
	3	UDAUNDO, JAHNZEL	F30			
120	4 X 100 m			M40	FINAL	
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	86	BANATAO, AARON JAYXEN	M40	54.4		GOLD
	92	PELAEZ, MICHAEL	M45			
	137	AGUILAN,	M50			
	86	BANATAO, AARON JAYXEN	M40			
120	4 X 100 m			M35	FINAL	
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	72	AFRICA, ARIS	M35	49.2		GOLD
	71	OPIANA, ARIEL	M35			
	78	CARANZO, PETER EDMON	M35			
	77	BOLIVAR, ALQUIN	M35			
2	122	EBOJO, RODEL MARK	M35	58.5		SILVER
	103	AQUINO, MARIO	M55			
	73	PADILLA, ARNOLD	M35			
	76	GUMABAY, JOSE	M35			
120	4 X 100 m			M30	FINAL	
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	69	ALEJAN, A2C EDGARDO G	M35	46.3		GOLD
	56	DEL PRADO, A1C ISIDRO G	M30			
	120	DINO, ARMAN	M35			
	55	DELOS SANTOS, A1C MARK IAN M	M30			
2	139	FRANCISCO, ROBERT	M30	48.0		SILVER
	60	FLORES, NORMAN	M30			
	59	GALOSO, JERSON	M30			
	61	ANTONIO, EDUARD	M30			
3	79	LAÑO, MARVIN	M35	54.4		BRONZE
	85	MILANES, ROMEO	M40			
	114	TATAD, ARCANGEL B	M30			
	94	FORTES, EDDIE	M45			

121	4 x 400 mR		F35	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	8	SALCEDO, SGT CORAZON E	F35	5:23.2		GOLD
	9	DOÑOS, SGT FLORDELIZA C	F35			
	7	GILBUENA, SGT MISCELLE B	F35			
	6	ABAD, SGT MIRASOL C	F35			
122	4 x 400 mR		M40	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	125	DIQUE, MIDEL	M40	04:25.9		GOLD
	126	MIRASOL, LEOMAR	M40			
	123	SABAL, ELMER	M40			
	124	PUBLICO, ADRIAN PHILIP	M40			
122	4 x 400 mR		M35	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	72	AFRICA, ARIS	M35	3:49.8		GOLD
	71	OPIANA, ARIEL	M35			
	78	CARANZO, PETER EDMON	M35			
	77	BOLIVAR, ALQUIN	M35			
122	4 x 400 mR		M30	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	69	ALEJAN, A2C EDGARDO G	M35	3:49.8		GOLD
	56	DEL PRADO, A1C ISIDRO G	M30			
	54	ULBOC, A1C CHRISTOPHER T	M30			
	52	VILLAMOR, A1C MICHAEL	M30			
2	116	VALENCIA, ALBERT	M30	4:01.8		SILVER
	117	PARDILLO, RACEL	M30			
	118	HULLEZA, ROWELL	M30			
	64	VERGARA, RHYEAN IAN	M30			

123	Discus		M65	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	110	VILLA, JUAN	M65	34.25 m		GOLD
123	Discus		M60	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	104	LOI, RICCARDO	M60	25.11 m		GOLD
123	Discus		M55	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	102	AGUSTIN, BRANDY	M55	9.82 m		GOLD
123	Discus		M50	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	95	MAS,, A1C NIXON H	M50	41.75 m		GOLD
123	Discus		M45	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	88	FRESNIDO, TSG ROBERTO G	M45	20.73 m		GOLD
2	127	PAGULAYAN, CHRISTOPHER	M45	19.16 m		SILVER
123	Discus		M40	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	80	FERRERA, SSG ARNIEL B	M40	36.91 m		GOLD
123	Discus		M35	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	76	GUMABAY, JOSE	M35	30.03 m		GOLD
123	Discus		M30	FINAL		
RANK	BIB	NAME	AGE BRACKET	RESULTS	WV	REMARK
1	58	CAPINPIN, JOSEPH BERNARD	M30	31.51 m		GOLD
2	66	DE GUZMAN, RODOLFO JR	M30	31.10 m		SILVER
3	63	TRAZONA, SMAEL	M30	27.84 m		BRONZE